



Vista Del Mar Senior Living's COVID-19 (Coronavirus) Prevention Efforts:

March 11, 2020

Dear Residents, Family Members and Guests,

We would like to take a moment to share with all of you what Vista Del Mar Senior Living is doing in response to COVID-19 (Novel Coronavirus). As COVID-19 is becoming more widespread in the U.S. and around the world, we have been working to ensure our staff is adequately prepared.

We are monitoring the Centers for Disease Control and Prevention (CDC) website on a daily basis with active updates from Los Angeles County Department of Public Health in regards to the spread of the coronavirus in California and Long Beach. As you may know, the number of cases remain fairly low, but we are still taking precautions in the event the coronavirus becomes more widespread.

In addition to our current infection control and emergency preparedness programs we already have in place guided by the recommendation from the CDC and other health and government officials, Vista Del Mar Senior Living continues to follow extra precautions to help prevent the spread of the virus.

Our Steps for Being Prepared:

1. Prevent Exposure:

- a. **Residents:** All residents are being screened daily to ensure they are in good health.
 - i. We have postponed all activities that take residents into the community to public places particularly with large gatherings to reduce potential exposure. Activities will be adjusted to maintain an engaging environment with safety precautions taken into consideration. Medically necessary appointments will continue as usual.
 - ii. As a precautionary measure, we are providing free room tray service to residents for this month by their request.
 - iii. An additional 3rd seating will be created to reduce the population of residents per meal times and encourage social distancing.
- b. **Visitors:** All visitors, including vendors, family members, and external medical providers, must check-in and sanitize upon entry. Signage to this effect has been posted in our visitor entry areas.

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3360 Magnolia Ave., Long Beach, CA 90806
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- i. Visitors are asked to postpone visiting the community if they have or have been exposed to someone with symptoms or have traveled to or been in contact with someone who traveled to CDC-issued Level 2 and Level 3 Countries (China, South Korea, Japan, Iran, and Italy). Signage is posted at our visitor entry areas with the list of symptoms.
 - ii. Visiting Hours:
 1. Visiting Hours will be restricted to 10AM-7PM, Monday through Friday and 10AM to 2PM on weekends. Everyone is to check-in with reception.
 2. Due to recent guidance provided by the LA County Health Department, all non-essential visits should be postponed. We encourage visitors to only visit if it is absolutely essential for the safety of the residents and staff.
 - c. **Employees:** We have asked that employees stay home if they have symptoms related to COVID-19.
2. **Prevent Spread:**
- a. Proper signage has been posted in all common areas to encourage all to use proper hand hygiene frequently, cover mouth and nose when coughing or sneezing, maintain good social distance of 6ft and try to avoid touching your eyes, nose, and mouth.
 - b. We have increased the frequency of disinfecting and housekeeping as advised by the recommended health department protocols.
3. **Training/Education:**
- a. **Educate Staff:** We are actively continuing in-service training to reinforce and practice evidence-based infection control protocols, including proper handwashing and cleaning/disinfecting processes.

We continue to closely monitor developments through the Centers for Disease Control and Prevention and local health departments to be sure we have all protocols in place to ensure the safety and welfare of our residents, family members and our attentive staff.

Please note that due to the fluidity of this situation we may be sending more updates on our policies as they evolve. The fastest way to receive updates is to make sure we have your correct email address, please email reception@3360magnolia.com if you would like to add your email to our email distribution list.

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