

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*August 2018*  
**Vista Del Mar Senior Living**  
**Memory Care**

			1 10:00 Arms & Shoulders Exercise 1:00 CRAFT CIRCLE 2:00 Snack Social	2 10:00 DANCE & CLAP Exercise 1:00 BRAIN GAMES 2:00 Snack Social	3 10:00 Courtyard Coffee & Cookie Social 1:00 CRAFT CIRCLE 2:00 <b>HAPPY HOUR</b>	4 <u>10:00 UPBEAT MUSIC CLASS</u> 1:00 COLOR MAKING 2:00 SNACK SOCIAL
5 10:00 Group Ball Toss & Music Therapy 1:00 Craft Circle 2:00 Snack Social	6 10:00 Leg Day Group Exercises 1:00 MUSIC THERAPY! 2:00 Snack Social	7 10:00 Balloon Tennis 1:00 PRICE IS RIGHT 2:00 Snack Social	8 10:00 Arms & Shoulders Exercise 1:00 CRAFT CIRCLE 2:00 Snack Social	9 10:00 DANCE & CLAP Exercise 1:00 BRAIN GAMES 2:00 Snack Social	10 10:00 Courtyard Coffee & Cookie Social 1:00 CRAFT CIRCLE 2:00 <b>HAPPY HOUR</b>	11 10:00 MUSIC & DANCE Exercise 1:00 Painting Circle 2:00 Snack Social
12 10:00 Group Ball Toss & Music Therapy 1:00 Craft Circle 2:00 Snack Social	13 10:00 Leg Day Group Exercises 1:00 MUSIC THERAPY! 2:00 Snack Social	14 10:00 Balloon Tennis 1:00 PRICE IS RIGHT 2:00 Snack Social	15 10:00 Arms & Shoulders Exercise 1:00 CRAFT CIRCLE 2:00 Snack Social	16 10:00 DANCE & CLAP Exercise 1:00 BRAIN GAMES 2:00 Snack Social	17 10:00 Courtyard Coffee & Cookie Social 1:00 CRAFT CIRCLE 2:00 <b>HAPPY HOUR</b>	18 <u>10:00 UPBEAT MUSIC CLASS</u> 1:00 COLOR MAKING 2:00 SNACK SOCIAL
19 10:00 Group Ball Toss & Music Therapy 1:00 Craft Circle 2:00 Snack Social	20 10:00 Leg Day Group Exercises 1:00 MUSIC THERAPY! 2:00 Snack Social	21 10:00 Balloon Tennis 1:00 PRICE IS RIGHT 2:00 Snack Social	22 10:00 Arms & Shoulders Exercise 1:00 CRAFT CIRCLE 2:00 Snack Social	23 10:00 DANCE & CLAP Exercise 1:00 BRAIN GAMES 2:00 Snack Social	24 10:00 Courtyard Coffee & Cookie Social 1:00 CRAFT CIRCLE 2:00 <b>HAPPY HOUR</b>	25 <b>11:00 VISTA DEL MAR SUMMER LUAU</b> 1:00 Painting Circle 2:00 Snack Social
26 10:00 Group Ball Toss & Music Therapy 1:00 Craft Circle 2:00 Snack Social	27 10:00 Leg Day Group Exercises 1:00 MUSIC THERAPY! 2:00 Snack Social	28 10:00 Balloon Tennis 1:00 PRICE IS RIGHT 2:00 Snack Social	29 10:00 Arms & Shoulders Exercise 1:00 CRAFT CIRCLE 2:00 Snack Social	30 10:00 DANCE & CLAP Exercise 1:00 BRAIN GAMES 2:00 Snack Social	31 10:00 Courtyard Coffee & Cookie Social 1:00 CRAFT CIRCLE 2:00 <b>HAPPY HOUR</b>	