

Fall 2017

Vista Voice

Vista Del Mar Senior Living, 3360 Magnolia Ave, Long Beach, CA 90806, (562) 595-1559 RCFE#197608029



Celebrating Fall

Walk 4 ALZ
October 14th

Pumpkin Carving Contest
October 20th

Halloween Party
October 31st

Family Night Informational
November 9th

Veterans Day BBQ
November 11th

Clothing Drive for Homeless
November 17th

**Thanksgiving Day
Celebration**
November 18th

Thanksgiving Day
November 23rd

Final Autumn

*Maple leaves turn black in the courtyard.
Light drives lower and one blue jay crams
our cold memories out past the sun,*

*each time your traces come past the
shadows*

*and visit under my looking-glass fingers
That lift and block out the sun.*

*Come—I'll trace you one final autumn,
and you can trace your last homecoming
into the snow or the sun.*



Vista Smiles



Resident of the Month

In hopes of making every resident feel special and encouraging them to come out and participate in activities and social events, we have begun a monthly resident recognition post. This is to encourage residents to be active and social within the community. Be the resident that makes new residents feel welcome and a voice for the community. We will speak with staff and other residents in hopes of picking the best possible resident every month. The resident will be featured on our Activities Bulletin Board for everyone to see and they will also receive a free trip to one of our monthly restaurant outings.

Walk 4 ALZ

Every year we consistently go above and beyond to raise funds to find a cure to end Alzheimers. This disease has become a true obstacle in the senior community and we must do something to keep our seniors prepared and able to live the best life possible to them.

This year we will be walking and running a booth at The Walk 4 ALZ, Saturday October 14th 2017 @ 8am.

We are encouraging all families to join us with the seniors in the community to walk for a change, and find a cure. This would be a great outing to enjoy with your loved one as well.



Family Smiles



Family Night Informational

Family night is something we host annually to bring new information to the families and residents regarding changes in insurance, medicine, and the care industry.

Insurance changes every year on what they will cover and not cover; which rights and options your loved ones may have as a patient in the healthcare industry and to make sure they are receiving the best services possible.

They are consistently coming out with various different medications to better the lives of seniors. We are here to educate you on the changes and various medications in which may assist with the overall well being of the seniors.

The care we provide in the community is key, and our goal is to provide you with the knowledge we use around our community to keep residents active and happy. This is the time where we encourage families to share care questions and concerns of the overall well being of the senior community.



Vista  Employee



Sonia Diaz

Assisted Living Caregiver

This seasons Fall Star employee is wonderful Sonia Diaz. She is one of the most hardworking caregivers we have in our community. She consistently greets the residents with a smile, and goes out of her way to see them happy. It takes a lot to be a caregiver and we at Vista truly cherish everything she has done for our residents and community.



Fall Birthdays



October Birthdays

- Billie Sweet 10/1
- Clytie Gibson 10/1
- Dorothy Johnson...10/2
- Greg Wilmer 10/7
- Michael Bariano... 10/9
- Geri Eyer 10/8
- Virginia Kennard... 10/10
- Bob Chaise 10/11
- Donald Brasch..... 10/14
- Mary Ellen W..... 10/15
- Willie Lindsey 10/17
- Raul Munoz 10/19
- John Berquist 10/30

November Birthdays

- George Dimassa ... 11/3
- Jonnelle Simmons ... 11/5
- Craig Abe 11/8
- Betty Simmison 11/10
- Catherine Harper ... 11/15
- Salange Diaz 11/19
- Adapto Ramos 11/20
- Mary Martin 11/21
- Dorene Richards ... 11/22

December Birthdays

- LaSalle Sturdivant 12/3
- Lowel Stelts12/4
- Ann Jones 12/7
- Scott Dalton 12/11
- Helen Bronson 12/14
- Amalia Vandervolt 12/14