

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

November 2017

Vista Del Mar Senior Living

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
November 2017													
Vista Del Mar Senior Living													
						1		2		3		4	
						9:00 Exercise 9:30 Rosary 10:00 Cooking Circle 2:00 Snack Social 3:00 Bingo 6:00 Cards & Dominoes		9:00 Zumba 9:30 Rosary 10:00 Let's Talk Current Events 1:30 Jeopardy 3:00 Bingo- Poker		9:00 Exercise 9:30 Rosary 10:00 Lakewood Mall/ Movie Theater Outing 1:30 Word Trivia 2:30 Happy Hour		9:00 YOGA 9:30 Rosary 10:00 Morning Walk w. Pets & Current Events 2:00 Social Saturday 3:00 Afternoon Series 6:00 Cards & Dominoes	
5		6		7		8		9		10		11	
9:00 Baptist Bible Study 9:30 Rosary 10:00 Musical Ball Toss 10:30 Morning Walk 1:30 Sunday Fun Day 3:00 Baptist Worship Service		9:00 Exercise 9:30 Rosary 10:00 Nail Care w. Rachel Current Events- News 1:30 Drama Circle		9:00 Zumba  9:30 Rosary 10:00 99cent Store Out... Craft Corner- 1:30 WORD TRIVIA		Food & Clothing Drive Start 9:00 Exercise 9:30 Rosary 10:00 Cooking Circle w. Current Events 2:00 Snack Social 3:00 Bingo		9:00 Zumba 9:30 Rosary 10:00 Upbeat Music Class 1:30 Who Wants to be a Millionaire (Game) 3:00 Bingo- Poker!!!		9:00 Exercise 9:30 Rosary 10:00 Souplantation Outing 1:30 Word Trivia 2:30 Happy Hour Announce Resident of the month		9:00 YOGA 9:30 Rosary 10:00 Veterans Day BBQ 1:30 Music Appreciation 2:00 Afternoon Film	
12		13		14		15		16		17		18	
9:00 Baptist Bible Study 9:30 Rosary 10:00 Musical Ball Toss 10:30 Morning Walk 1:30 Sunday Fun Day 3:00 Baptist Worship Service		3:00 Bingo- Poker 6:30 Movie Night 9:00 Exercise 9:30 Rosary 10:00 Inspirational Music Class 1:30 Drama Circle 3:00 Bingo- Poker		6:00 Cards & Dominoes 9:00 Zumba  9:30 Rosary 10:00 Walmart Outing Craft Corner- 1:30 Dollar Tree Outing		6:00 Casino Night 9:00 Exercise 9:30 Rosary 10:00 Cooking Circle w. Current Events 2:00 Caremore Pie Social		9:00 Zumba 9:30 Rosary 10:00 Let's Talk Current Events 1:30 Jeopardy 3:00 Bingo- Poker!!		6:30 Movie Night 9:00 Exercise 9:30 Rosary 10:00 Long Beach Pike & Movie Theater Outing 1:30 Word Trivia 2:30 Happy Hour		9:00 YOGA 9:30 Rosary 11:00 Thanksgiving Day Celebration 2:00 Social Saturday 3:00 Afternoon Series 6:00 Cards & Dominoes	
19		20		21		22		23		24		25	
9:00 Baptist Bible Study 9:30 Rosary 10:00 Musical Ball Toss 10:30 Morning Walk 1:30 Sunday Fun Day 3:00 Baptist Worship Service		6:30 Movie Night 9:00 Exercise 9:30 Rosary 10:00 Nail Care w. Rachel Current Events- News 1:30 Drama Circle		Fabric Design Circle 3:00 Bingo 9:00 Zumba  9:30 Rosary 10:00 Deliver Clothes & Food to Homeless DTLA 1:30 Trader Joe's Out...		3:00 Bingo 6:00 Cards & Dominoes 9:00 Exercise 9:30 Rosary 10:00 Cooking Circle w. Current Events 2:00 Snack Social 3:00 Bingo		6:30 Baptist Bible Study 9:00 Self Led Exercise 9:30 Rosary 10:00 Morning Show & Donut Social w. Chronicle 2:00 Afternoon Film		5:30 NINJA BINGO!! 9:00 Exercise 9:30 Rosary 10:00 Donut Social w. coffee & hot chocolate 11:00 Bridgette Boutique 2:30 Happy Hour		9:00 YOGA 9:30 Rosary 10:00 Morning Walk w. Pets & Current Events 2:00 Resident Council Mtg	
26		27		28		29		30					
3:00 Baptist Worship Service		3:00 Bingo- Poker 6:30 Movie Night		Fabric Design Circle		6:00 Casino Night		6:00 Cards & Dominoes		6:30 Movie Night		5:30 Bingo w. Timo	

9:00 Baptist Bible Study
9:30 Rosary
10:00 Musical Ball Toss
10:30 Morning Walk
1:30 Sunday Fun Day
3:00 Baptist Worship
Service

9:00 Exercise
9:30 Rosary
10:00 Nail Care w.
Rachel
Current Events- News
1:30 Drama Circle
3:00 Bingo- Poker
6:30 Movie Night

9:00 Zumba 
9:30 Rosary
10:00 Daiso Store
Out...
Saida Clothing Boutique
1:30 Ross Outing
Fabric Design Circle
2:00 Bingo

9:00 Exercise
9:30 Rosary
10:00 Cooking Circle
w. Current Events
2:00 Snack Social
3:00 Bingo
6:00 Cards & Dominoes

9:00 Zumba
9:30 Rosary
10:00 Let's Talk
Current Events
1:30 Trivia Hang Man
3:00 Bingo- Poker
6:30 Baptist Bible Study

Vista Del Mar Senior Living, 3360 Magnolia Ave, Long Beach, CA 90806, (562) 595-1559 RCFE#197608029

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2017

Vista Del Mar Memory Care

			<p>9:15 Morning Stretch 1</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	<p>9:15 Ball Toss 2</p> <p>10:00 Courtyard Gardening & Music</p> <p>2:00 Trivia Bean Bag Toss</p>	<p>9:15 Exercise 3</p> <p>10:00 Coffee & Hot Choc Social in Courtyard</p> <p>2:30 Happy Hour</p>	<p>9:30 Ball Toss 4</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:00 Snack & Story Social</p>
<p>9:15 Morning Stretch 5</p> <p>10:00 Courtyard Ball Toss</p> <p>2:00 Craft Corner</p>	<p>9:30 Ball Toss 6</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:30 Sensory Stimulation Game</p>	<p>9:15 Exercise 7</p> <p>10:00 Courtyard Music & Crafts</p> <p>2:00 Snack & Reminiscence Circle</p>	<p>9:15 Morning Stretch 8</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	<p>9:15 Morning Stretch 9</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p> <p>6:00 Family Night!!!!</p>	<p>9:15 Exercise 10</p> <p>10:00 Coffee & Hot Choc Social in Courtyard</p> <p>2:30 Happy Hour</p>	<p>9:30 Ball Toss 11</p> <p>11:00 Veterans Day BBQ</p> <p>2:00 Snack & Story Social</p> <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>
<p>9:15 Morning Stretch 12</p> <p>10:00 Courtyard Ball Toss</p> <p>2:00 Craft Corner</p>	<p>9:30 Ball Toss 13</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:30 Sensory Stimulation Game</p>	<p>9:15 Exercise 14</p> <p>10:00 Courtyard Music & Crafts</p> <p>2:00 Snack & Reminiscence Circle</p>	<p>9:15 Morning Stretch 15</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Caremore Courtyard Pie Social</p>	<p>9:15 Morning Stretch 16</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	<p>9:15 Exercise 17</p> <p>10:00 Coffee & Hot Choc Social in Courtyard</p> <p>2:30 Happy Hour</p>	<p>9:30 Ball Toss 18</p> <p>11:00 Thanksgiving Day Celebration</p> <p>2:00 Snack & Story Social</p>
<p>9:15 Morning Stretch 19</p> <p>10:00 Courtyard Ball Toss</p> <p>2:00 Craft Corner</p>	<p>9:30 Ball Toss 20</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:30 Sensory Stimulation Game</p>	<p>9:15 Exercise 21</p> <p>10:00 Courtyard Music & Crafts</p> <p>2:00 Snack & Reminiscence Circle</p>	<p>9:15 Morning Stretch 22</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	<p>9:15 Morning Stretch 23</p> <p>10:00 Thanksgiving Turkey Decoration</p> <p>2:00 Courtyard Snack & Music</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9:15 Exercise 24</p> <p>10:00 Coffee & Hot Choc Social in Courtyard</p> <p>2:30 Happy Hour</p>	<p>9:30 Ball Toss 25</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:00 Snack & Story Social</p>
<p>9:15 Morning Stretch 26</p> <p>10:00 Courtyard Ball Toss</p> <p>2:00 Craft Corner</p>	<p>9:30 Ball Toss 27</p> <p>10:00 Courtyard Music & Gardening</p> <p>2:30 Sensory Stimulation Game</p>	<p>9:15 Exercise 28</p> <p>10:00 Courtyard Music & Crafts</p> <p>2:00 Snack & Reminiscence Circle</p>	<p>9:15 Morning Stretch 29</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	<p>9:15 Morning Stretch 30</p> <p>10:00 Neighborhood Walk</p> <p>2:00 Courtyard Snack & Music</p>	